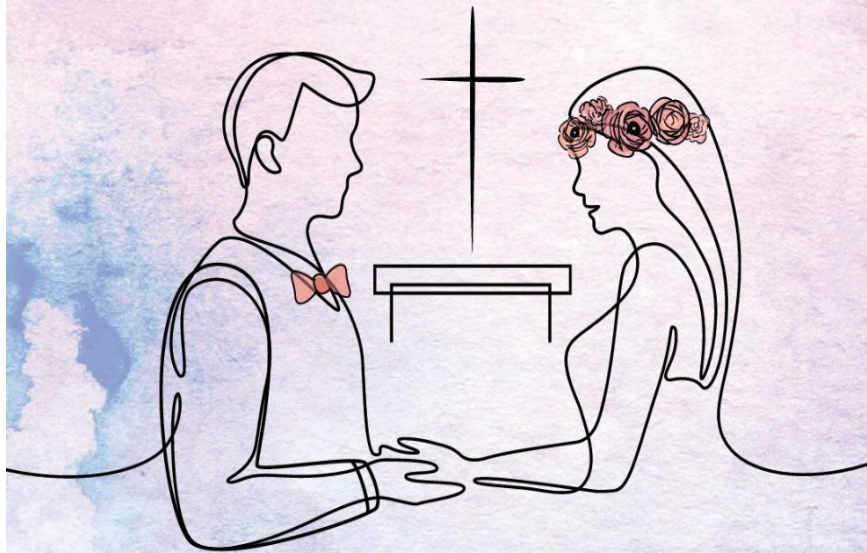




National Marriage Week USA

MARRIAGE IS WORTH IT! • EVERY FEB 7-14



to have, to hold, to honor

For more information and resources, visit foryourmarriage.org

FOR YOUR
MARRIAGE



@foryourmarriage



*May God ... keep you of one heart in
love ... that the peace of Christ may dwell
in you and abide always in your home.*

—Order of Celebrating Matrimony, 2nd edition

The Litany for Humility

O Jesus! meek and humble of heart, Hear me.
From the desire of being esteemed, Deliver me, Jesus.

From the desire of being loved... Deliver me, Jesus.
From the desire of being extolled... Deliver me, Jesus.
From the desire of being honored... Deliver me, Jesus.
From the desire of being praised... Deliver me, Jesus.
From the desire of being preferred to others... Deliver me, Jesus.
From the desire of being consulted... Deliver me, Jesus.
From the desire of being approved... Deliver me, Jesus.
From the fear of being humiliated... Deliver me, Jesus.
From the fear of being despised... Deliver me, Jesus.
From the fear of suffering rebukes... Deliver me, Jesus.
From the fear of being calumniated... Deliver me, Jesus.
From the fear of being forgotten... Deliver me, Jesus.
From the fear of being ridiculed... Deliver me, Jesus.
From the fear of being wronged... Deliver me, Jesus.
From the fear of being suspected... Deliver me, Jesus.

That others may be loved more than I, Jesus, grant me the grace to desire it.

That others may be esteemed more than I... Jesus, grant me the grace to
desire it.

That, in the opinion of the world, others may increase and I may decrease...
Jesus, grant me the grace to desire it.

That others may be chosen and I set aside... Jesus, grant me the grace to
desire it.

That others may be praised and I unnoticed... Jesus, grant me the grace to
desire it.

That others may be preferred to me in everything... Jesus, grant me the
grace to desire it.

That others may become holier than I, provided that I may become as holy
as I should... Jesus, grant me the grace to desire it. Amen.

Feb. 7-14 is National Marriage Week! Let us pray for all married and
engaged couples and those discerning marriage - that Christ will be at the
heart of their relationship, and that every married couple would make
Heaven their goal!